

# Overcoming **Obstacles** to Recovery...

...Al-Anon as a Way of Life

- Living with **Loss**
- Living with **Sobriety**
  - Living with **Other Illnesses**
- What if I don't believe in **"GOD"**?

## **AL-ANON SUFFOLK DISTRICT 2 & 3 WORKSHOP**

*featuring-*

- Panels of two speakers on each topic
- Sharing after the talks
- Literature Raffle

Saturday

# September 22, 2018

9am to 4pm / Refreshments

**True North Community Church**  
1101 Lakeland Avenue, Bohemia



Sponsored by Al-Anon Suffolk District 2 & 3

**Volunteers and Contributions Gratefully Received**

Contact Pat G.: [suffolkdistrict3@gmail.com](mailto:suffolkdistrict3@gmail.com)

# Save the Date!